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SUBJ/PUBLIC AFFAIRS-NAVAL SERVICE MEDICAL NEWS (NSMN) (94-02)//

RMKS/1. THIS SERVICE IS FOR GENERAL DISTRIBUTION OF INFORMATION AND NEWS OF INTEREST TO NAVY AND MARINE CORPS MEMBERS, CIVILIAN EMPLOYEES, DEPENDENTS, AND RETIRED BENEFICIARIES OF NAVY MEDICINE. MAXIMUM AND TIMELY REDISTRIBUTION OR FURTHER REPRODUCTION AND USE BY ACTION ADDRESSEES IS ENCOURAGED. THIS MESSAGE HAS BEEN COORDINATED WITH THE COMMANDANT OF THE MARINE CORPS (CMC). THE COMMANDANT HAS AUTHORIZED TRANSMISSION TO MARINE CORPS ACTIVITIES.

2. RESPECTFULLY REQUEST FLEET COMMANDERS READD TO SHIPS AND OTHER SUBORDINATES WITH MEDICAL PERSONNEL, AS OPERATIONAL CONDITIONS PERMIT.

3. HEADLINES AND GENERAL INTEREST STORIES THIS WEEK:
(940010)-HOSPITALMAN CHOSEN FOR NAVAL ACADEMY PREP SCHOOL
(940011)-JOINT SERVICE NATION BUILDING
(940012)-TRI-SERVICE UNIT 'CUTS RIBBON'
(940013)-LESSONS LEARNED -- TRI-SERVICE MEDICAL SERVICES
(940014)-EXCEPTIONAL FAMILY MEMBER PROGRAM
(940015)-AMA HAS POCKET-SIZED FIRST AID BOOKS
(940016)-HEALTHWATCH: DIABETES SUPPORT GROUP PROMOTES AWARENESS
(940017)-HIV AND YOU

HEADLINE: Hospitalman Chosen for Naval Academy Prep School
NAVHOSP Bremerton, WA (NSMN) -- HN Ryan King, of Naval Hospital Bremerton, recently received official notification of his selection for the Naval Academy Preparatory School. His selection for this highly sought after program is a step toward fulfillment of one of his lifelong dreams -- becoming a naval officer.

King, a native of Westland, MI, enlisted in the U.S. Navy in January of 1992. His intentions upon enlisting were well defined -- to get an education while serving his country. With an interest in medical care, he requested Hospital Corps School upon completion of Recruit Training. Graduating in the top of his class, King then received orders for duty at Naval Hospital Bremerton, WA. Since reporting to Bremerton, King has aggressively pursued educational avenues through Olympic College while working full time in the Nursery and on the Labor and Delivery Ward.

Realizing the greater contributions he would be able to effect as a naval officer, and admiring the quality of education given at the Naval Academy, King decided to pursue admission into

the Academy. Three short weeks after submitting the package, he received the exciting news of his acceptance.

HM1 Mark Boyd, the Command Career Counselor who assisted King in putting his application package together, had no doubts of an acceptance. Boyd said, "Hospitalman King is a highly qualified hospital corpsman; his package spoke for itself. He will make an outstanding naval officer."

Recently selected for promotion, King will depart Bremerton shortly after being promoted to hospital corpsman third class. He will then attend the Naval Academy Preparatory School in Newport, RI, from February to June 1994. In July, he will report to the U.S. Naval Academy for instruction. King is interested in a chemistry major, with other interests in Navy intelligence, SEAL and diving assignment.

Story by ENS Kendra Scroggs, MSC, USNR

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HEADLINE: Joint Service Nation Building

USNH Guam (NSMN) -- U.S. Navy medical and dental personnel from Guam recently teamed up with the U.S. Coast Guard cutter Sherman in a highly successful civic action project. The team visited numerous sites, many accessible only by the ship's embarked helicopter.

During the 10-day Joint Service Civic Action Team trip, LCDR Bradley Quist, MC, a family practice physician at U.S. Naval Hospital Guam, and LCDR Charles Fields, DC, and DT3 Jennifer D'Andrea from U.S. Naval Dental Center Guam, rendered medical and dental assistance to more than 260 patients from Pakin Atoll and Kosrae State, Federated States of Micronesia, and Kwajalein, Maloelap, Majuro and Mili atolls within the Republic of the Marshall Islands.

Quist treated predominately respiratory ailments and skin infections as well as musculoskeletal aches and pains. The dental team busied themselves with tooth extractions. In most cases, the teams recruited local health officials to serve as translators due to the expected difficulties in communication. Story by LT Donna Dolan, MSC

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HEADLINE: Tri-Service Unit 'Cuts Ribbon'

JMLFDC Fort Detrick, MD (NSMN) -- Fort Detrick's latest tenant, a tri-service medical logistics unit, the Joint Medical Logistics Functional Development Center (JMLFDC), held a ribbon-cutting ceremony 10 December.

JMLFDC's director, CDR Lawrence J. Walters, MSC, USN, was joined by Post Commander COL Merle J. Snyder, USA, and Department of Defense key medical logistics leaders in cutting the "purple" ribbon encasing building 623A.

Although members of JMLFDC have physically been located on Fort Detrick since late August and operational since October, the ceremony made it official.

JMLFDC was organized under the Assistant Secretary of Defense for Health Affairs and reports directly to RADM Harold Koenig, MC, USN, the Deputy Assistant Secretary of Defense,

Health Services Operations.

JMLFDC was formed to revamp and standardize numerous medical logistics programs used by all services to better meet new business requirements in order to lower the costs the government now incurs on logistics of medical care.

During a brief ceremony at Strough Auditorium, the Post Commander welcomed members of JMLFDC to Fort Detrick and compared the parallels of mission goals the unit shares with U.S. Army Garrison -- trying to save money and satisfy customers.

Walters introduced key medical logistics leaders in DOD: Col Michael Jiru, USAF, MSC; CAPT Paul Tibbits, MC, USN; and CAPT T.R. Defibaugh, MSC, USN. Each leader shared his thoughts on the goals and mission of JMLFDC and how it will benefit the military.

Defibaugh, chairman of the Medical Logistics Proponent Subcommittee and Medical Functional Activities Program Manager, said, "43 percent of our hospital dollar goes to material, equipment, maintenance and other overall logistics costs. Of that 43 percent, only 19 percent is the actual cost paid for material and equipment. The other 24 percent is overhead, inventory and management costs. It is that 24 percent that the new medical logistics practices being implemented by JMLFDC targets as savings for DOD."

Story by Kathleen Caywood

Reprinted from Fort Detrick Standard, 17 December 1993

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HEADLINE: Lessons Learned -- Tri-service Medical Services

WALSON, Fort Dix, NJ (NSMN) -- Things will be winding down this year at Walson Air Force Hospital for the Navy Medical Detachment. Currently staffed with 71 people, the detachment will be disestablishing on 1 October 1994. The Army likewise will be standing down at Walson, and the Air Force will assume full responsibility for the hospital.

Navy personnel first reported for duty at Walson Army Community Hospital in the fall of 1991, when Naval Hospital Philadelphia closed its inpatient wards. The Navy detachment, which reached a peak strength of 127 over the next two and a half years, was essential during Walson's transition to an Air Force Hospital.

From fall 1991 to fall 1992, patients at Walson became used to seeing and being evaluated by the tri-service team of Army, Navy and Air Force personnel. A common sentiment of these patients was that, overall, they felt service and patient responsiveness significantly improved during that time.

This instance of manning the hospital with medical professionals from all three services was an experiment with a defined life expectancy, and many lessons learned are being recorded and shared in order to make future ventures even more successful. Force Master Chief HMCM(SS) Charles Williams, who visited Walson in April 1993, said, "The spirit of tri-service medical care is here to stay and a lot of interested people are watching Walson to learn how to make this work."

On 10 and 11 January, a team from Walson, including the head of the Navy Medical Detachment and Walson's Managed Care

Coordinator, met with the executive staff at Naval Hospital Charleston, SC, and the Air Force Base Medical Clinic to discuss lessons learned.

Naval Hospital Charleston is investigating ways to enhance the cooperation between Navy and Air Force personnel in the area. The experiences at Walson will be a significant help to Charleston's multi-service medical initiative.

Story by HMCS(SS) Bill Ashcraft, Senior Enlisted Advisor, Navy Medical Detachment, Walson Air Force Hospital, Fort Dix, NJ

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HEADLINE: Exceptional Family Member Program

BUPERS Washington (NSMN) -- The following overview and update on the Exceptional Family Member (EFM) Program is provided in a continuing effort to serve Navy families and provide support for those who assist them -- EFM coordinators, overseas screeners, patient administration officers and health benefits advisors, among others.

-- An EFM training video was distributed to all commands in December 1992. The video was designed to help educate two audiences about the EFM Program -- hospital personnel and potential enrollees.

-- Commands can order the EFM booklet, NAVPERS 15614B, from Naval Aviation Supply Office (AS) at no cost. Delivery time is about three weeks. ASO accepts only electronic orders (not written requests). Contact ASO customer service at DSN 442-2626, (215) 697-2626.

-- BUPERS has established an EFM Bulletin Board in BUPERS ACCESS to permit better dissemination of program information and to provide direct access with command career counselors, medical treatment facilities (MTFs), Family Service Centers (FSCs) and EFM Program staff. Access requires a modem and network software. Dial DSN 225-6900, (703) 695-6900.

-- A nationwide resource database is now available through MTFs, FSCs and through the EFM Bulletin Board. This database includes location of specialty medical clinics, children's hospitals, special education points of contact state by state, and parent support networks, among others. The database can be downloaded onto two floppy disks. Updates to this database is the responsibility of the program manager at BUPERS.

-- EFM information and forms are available through the Enlisted Transfer Manual Chapter 28 and Officer Transfer Manual Chapter 16.

-- EFM enrollment forms (NAVPERS 1754/1/3/4) are available through ASO Philadelphia. Stock numbers are:

1754/1 EFM application -- 0106-LF-014-9400

1754/3 Medical Summary -- 0106-LF-014-9500

1754/4 Education Summary -- 0106-LF-014-9600

-- Regional training for EFM coordinators will begin during FY94 at San Diego; Seattle, WA; Groton, CT; Pensacola, FL; Norfolk, VA; Fort Meade, MD; and Hawaii.

For more information, contact the Bureau of Naval Personnel's Exceptional Family Member Program office (PERS-662D8) at DSN 223-3308, (703) 693-3308.

Story by PERS-662D8

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HEADLINE: AMA has Pocket-sized First Aid Books

AMA Chicago, IL (NSMN) -- Two new books from the American Medical Association contain valuable information for medical emergencies and sports injuries.

For all the travelers, backpackers, teachers, babysitters and parents who have ever wondered what to do in an emergency, the "American Medical Association Pocket Guide to Emergency First Aid" explains exactly what to do in more than 30 situations requiring first aid. Areas covered include allergic reactions, broken bones, burns, stopped breathing, childbirth, heart attack, choking, drowning, poisoning, and back or neck injuries.

The "American Medical Association Pocket Guide to Sports First Aid" provides information on sports injuries such as tennis elbow, sprained ankles, runner's knees, shin splints, shoulder dislocations, lower back pain, and muscle cramps.

The two illustrated guides produced by the AMA Division of Consumer Publishing provide essential information and are sized to be taken along wherever you go.

If you can't find the books at retail outlets, call Random House at 1-800-733-3000.

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HEADLINE: HEALTHWATCH: Diabetes Support Group Promotes Awareness

USNH Yokosuka, Japan (NSMN) -- Diabetes mellitus is a chronic disease that affects one out of every 600 Americans -- between 13 and 14 million people. Almost half don't even realize they have it, much less are they under medical care for the disease. More surprisingly, each year between 500,000 and 700,000 people are diagnosed with diabetes. Left untreated, diabetes can lead to heart disease, kidney failure, blindness, loss of limbs and even death.

In Yokosuka recently, a local diabetes support group formed. The group's objectives are to promote an increased awareness of diabetes, its effects and treatment; provide educational information to group members on all aspects of the disease; assist U.S. Naval Hospital Yokosuka in the education of patients newly diagnosed with diabetes (as requested); and provide members with a venue for personal, mental and moral support in their diabetes management programs.

The group is open to anyone interested in learning about the disease -- its causes, complications and treatment -- or about healthy eating and lifestyle choices. Members include non-diabetics, non-insulin dependent diabetics and diabetics dependent on insulin.

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HEADLINE: HIV and You

BUMED Washington (NSMN) -- HIV/AIDS prevention education will soon become mandatory for all Navy personnel. One medium available to accomplish the proposed one hour of annual training is the interactive videodisc. Many commands have been issued

both hardware and software. The following is a summary of each of these programs:

-- "Body Armor" consists of three modules -- risks, protection and the buddy system. This program was completed in August of 1990 and the target audience is persons who have demonstrated "high risk" sexual behavior.

-- "Supervisors" was completed in May 1991 and was designed for both military and civilian supervisors. Work-place management issues are discussed. This program is also available in VHS format.

-- "Facts, Myths and Prevention Part I" covers general issues in two main modules -- round table and facts and myths. This program was completed in December 1992 and was designed for general military education. The round table portion is also available in VHS format.

-- "Facts, Myths and Prevention Part II" covers specific issues in two main modules titled "Facing the Epidemic" and "Living with HIV." The first module has four specific sections designed for focused education for general audiences -- "What to Tell Your Teens," "Women and HIV," "Having a Baby," and "Men at Risk." The second module, "Living with HIV," was designed for seropositive individuals. It covers three main areas -- testing, disclosure and challenges. Distribution of the challenges section is limited to HIV treatment centers. This program was completed in November 1992.

-- "Health Care Personnel" contains six modules: dentistry, protective measures, cleaning up, handling sharps, needle sticks, and handling the deceased. This program was completed in October 1992 and was designed for Medical Department personnel -- physicians, dentists, nurses, hospital corpsmen and housekeeping.

-- "HIV/AIDS Command and Control Programs" are the above modules presented in the "Jeopardy" game show format. These modules, completed in April and December 1992, were designed to reinforce the issues and information presented in each of the previously described programs.

For more information on interactive videodisc materials or to become an HIV/AIDS prevention instructor, call the Navy HIV Program at DSN 295-0048 or (301) 295-0048.

Story by LCDR Catherine Wilson, NC, USN

Surgeon General's Representative for HIV Education Policy

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4. Professional Notes: Information on upcoming symposiums, conferences or courses of interest to Navy Medical Department personnel and wrap-ups on ones attended. Anyone with information to share in this section should contact the editor (see the last paragraph of this message on ways to do so).

Scheduled Meetings:

-- 11-13 February 1994, AMA's 1994 National Leadership Conference, San Francisco: "Leadership for Medicine in Transition." U.S. Surgeon General Joycelyn Elders has accepted the AMA's invitation to speak at the conference. For more information or to register, call 1-800-262-3211.

-- 25 February - 4 March 1994, 35th Navy Occupational Health

and Preventive Medicine Workshop. For information, contact CAPT Richard L. Buck, (804) 444-7575, extension 451.

-- 27 February - 2 March 1994, The Third National Symposium on Biosafety, Atlanta, GA. Sponsored by Centers for Disease Control and Prevention, American Biological Safety Association and American Industrial Hygiene Association. Pre-registration deadline is 4 February. For information call (404) 633-6869 or 1 800 772-8232.

-- 29-31 March 1994, Sea-Air-Space Exposition, Sheraton Washington Hotel, Washington, DC. For information, contact Pamela Broberg, Navy League of the United States, (703) 528-1775.

-- 9-16 July 1994, The Third National Kaiser Permanente Internal Medicine Conference, Ritz Carlton Hotel, Kapalua, Maui, HI. For information, contact Eric Tepper, MD, Internal Medicine, The Permanente Medical Group, 3400 Delta Fair Blvd., Antioch, CA 94509; (510) 779-5211.

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5. Month of January observances and events occurring 15-24

January:

National Volunteer Blood Donor Month

15 January 1929: Martin Luther King Jr. born

17 January: Holiday -- Martin Luther King Jr. Day

20 January: E-7 Advancement Exam

20 January 1914: First Naval Air Station established, in Pensacola, FL

21 January 1954: First nuclear-powered submarine, USS Nautilus, launched in Groton, CT

21 January: National Hugging Day

22 January 1944: 50th Anniversary of the Anzio Landings (article released by CNO message NAVADMIN 0001/94 dtg 052121Z JAN 94)

23 and 29 January: Sight Saving Sabbaths

23-29 January: National Glaucoma Awareness Week

24-28 January: National Back Health Week

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6. ADDRESSEES ARE ENCOURAGED TO SUBMIT INFORMATION AND NEWS ITEMS OF MEDICAL DEPARTMENT OR BENEFICIARY INTEREST (IN STORY FORMAT) BY TELEPHONE, FAX OR E-MAIL TO BUMED, ATTN: EDITOR, NAVAL SERVICE MEDICAL NEWS (MED 00P2). TELEPHONE (202) 653-1315; DSN 294-1315. FAX (202) 653-0086; DSN 294-0086. E-MAIL NMC0ENL@BUMED10.MED.NAVY.MIL.

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